

CSS resource update #15

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State of Missouri Resources

Stay at Home order Q and A - https://governor.mo.gov/stay-home-missouri-order-guidance-and-frequently-asked-questions?fbclid=IwAR10_fs5IWasMG6DY9aUnLgaNrZ0AW0aa8GsD6f7KHSKBTq6Uogk3Ubw2Ms

Missouri Resource Navigator -Missourians in need can find essential services, such as nearly 240 food pantries, food banks, school meal programs for students, diaper banks, and more through the online **Missouri Services Navigator** system. The Services Navigator offers instant access to programs and services available in Missouri. There are currently over 2,000 services listed, with new services added daily. Searches can be keyword, location, and/or service. Every program and service contains a map of the location as well as contact information.

The Missouri Services Navigator can also link families to services such as:

- Child care
- Counseling
- Financial services
- Organizations that assist with food, health/dental services, housing, and help with legal issues, transportation, and utilities
- Employment and mental health services for the disabled, dislocated workers and youth, and others seeking employment
- Information on educational services such as HiSET, job training, apprenticeships, and post-secondary education

<https://mo.servicesnavigator.org/s4s/WhereILive/Council?pagelid=1&lockla=true>

COVID19 and Disability Information: Stay up to date on information about COVID-19 as well as specific policies and resources for people with developmental disabilities by visiting the Division webpage at: <https://dmh.mo.gov/dev-disabilities/covid-19-information>

Springfield Daily COVID updates-

<https://www.springfieldmo.gov/CivicAlerts.aspx?AID=6642>

Utilities

Utility assistance is available through OACAC; however, offices are currently closed due to COVID-19. Applications can be accessed online at <https://oac.ac/liheap-energy-programs/> and can be mailed to the appropriate address included in the application. (CPOzarks)

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HOUSING

If you are unable to pay your rent or mortgage, reach out to your landlord or lender to discuss the situation. Please note: discussions in the news about eviction and foreclosure suspensions do not broadly apply to rentals or mortgage lenders.

****There is currently no rent assistance available in Springfield. (CPOzarks)*

Tenants' Rights and Eviction – during pandemic

- Webinar for organizations that work with low income tenants.
- **Tuesday, April 14, 3:00 pm.**
- The information on local and national news is complicated and confusing. The Springfield Metropolitan Bar and the Community Partnership of the Ozarks are offering a webinar to clarify these issues so that organizations that work with tenants can provide accurate information as to their rights and responsibilities. Attorney Austin Fax from Lowther Johnson will provide a brief overview of local, state and federal law, followed by Q and A. Please submit questions in advance to info@springfieldbar.com. Register here: https://zoom.us/webinar/register/WN_3bsrypf7S3ao46UmS-G4Q

Making connections

Updates daily - AARP - Across the country, people are informally organizing online mutual aid groups to stay connected, share ideas and help those most affected by the global coronavirus pandemic. The new AARP Community Connections website can help individuals start a group, join a group, or find support in their community.

https://aarpcommunityconnections.org/?utm_source=aarp&utm_medium=newsletter&utm_campaign=livable&utm_term=communityconnections&utm_content=032520&cmp=EMC-DSM-NLC-LC-HOMFAM-20200401_LivableCommunities_899300_1315603-040120-F3-CommunityConnections-Text-CTRL-4474631&encparam=GtD79%2BL7x5sRZFXeFZDymekX%2BsvAjKvNZK4V%2FDatP11%3D

Transportation

- CU Bus Schedule Updates: <https://www.cutransit.net/routes/>
- Lyft: Transportation service opportunities. <https://www.lyft.com/lyftup>
- [OATS – essential activities only](#)

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Benefits

Updates regularly - **Social Security** - Q and A -
<https://www.ssa.gov/coronavirus/>

Medicaid / Food Stamps

Due to the Families First Coronavirus Response Act, any adverse actions or closings are on "pause" indefinitely until the federal emergency COVID-19 declaration ends.

Missourians can apply for services 24/7 online by visiting MyDSS.mo.gov, or sending completed applications and verification documents by email to FSD.Documents@dss.mo.gov, or by fax to 573-526-9400. Missourians who have questions or need assistance can call 855-FSD-INFO or 855-373-4636 Monday through Friday, 6:00 a.m. to 6:30 p.m., Saturday 8:00 a.m. to 5:00 p.m. and Sunday 10:00 a.m. to 3:00 p.m.

The Department of Social Services is committed to serving the needs of Missouri citizens during COVID-19 pandemic. Information regarding the department's response to the pandemic is available online <https://dss.mo.gov/covid-19>.

Food / supplies

Through May 7, 2020, Missourians in need can get a **food package from mobile and drive-by** locations through six Missouri food banks at over 200 distribution sites. Disaster Household Distribution expects to serve over 90,000 Missourians, including elderly households, households with health conditions, and the recently unemployed. Each food package weighs approximately 25 pounds and contains vegetables, fruits, pasta/rice/starch, protein, and dairy products. Only agencies that have proper cold/frozen storage facilities will distribute frozen meats and any

Greene County Residents can call their area food bank to find out when food packages will be available in their community. **Ozarks Food Harvest: (417) 865-3411**

Assistance for Seniors

- Black Sheep: Providing food for adult seniors in need. Contact Mike Jalili at 379-2111
- Crosslines Food Pantry: 615 N. Glenstone M-F 9:00 A.M.-1:45 P.M. Drive through food pantry 417-869-0563, <http://www.crosslines.org/find-support/>
- Meals on Wheels: Accepting new clients. Call Cox South at 417-269-4696 or Cox North at 417-269-3496. Lunch is provided Monday to Friday for \$23.00 per week.

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- Norma's Carriage House: Providing seniors with one free meal daily during the COVID-19 crisis, either for curbside pickup or delivery. Norma's Carriage House is located at 729 W. Sunshine OR 1537 N. Glenstone. Call 417-720-4487.
- Salvation Army Food Pantry: 1707 W. Chestnut. Drive through services provided on Wednesdays from 9:30-11:30 A.M. and 1:00-2:30 P.M. ID, social security cards for household members and recent mail required.
- SeniorAge: Providing both curbside pickup and delivery of meals. Call 417-862-0762.
- The Springfield Dream Center: 829 W. Atlantic offers a Wednesday night meal from 5:30-6:30. This is a to-go meal provided either through a drive through car line or walk-up.

Children and Families

- Boys & Girls Clubs of Springfield: Providing three meals per day per person at three locations (extra meals on Fridays for weekends), curbside home deliveries, and health and hygiene items (thanks to a partnership with Care to Learn) for any Club family. Henderson (835 W. Calhoun) Monday-Friday 4:30pm-6:30pm (expanded afternoon hours, effective 4/6/2020. If Henderson families need to pick up meals in the AM, they can pick up at another Unit). Musgrave (720 S. Park) and Stalnaker (1410 N. Fremont): Monday-Friday 7:00am-8:30am AND 4:30pm-6:00pm
- Crosslines Food Pantry: 615 N. Glenstone M-F 9:00 A.M.-1:45 P.M. Drive through food pantry 417-869-0563, <http://www.crosslines.org/find-support/>
- Day Spring Christian Church: 2157 N Prospect, 417-864-4338 Thurs, 9:00 A.M. to 12:00 P.M. Food pantry. North side Springfield residents.
- Harbor House Frontline Feeding: 636 N. Boonville Lunch 12:00-1:00 P.M. sack meal pick-up. Grab a meal and go.
- Hinode/Bawi: 40% OFF. Taking call-in orders only 417-877-1777 or 417-988-6700.
- Least of These: 1720 James River Rd. Ozark, MO April 3 & 8: 8:00 to 11:00 A.M. April 16: 5:00 to 6:30 P.M. April 20 & 27: 8:00 A.M. to 12:00 P.M. Drive through food pantry Call 417.724.2500 to complete application for assistance.
- Life360 Chesterfield: 2220 W. Chesterfield, 9:00 A.M. to 7:00 P.M. To-go meal package with food for a week.
- Life360 Fairbanks: 1126 N. Broadway (Fairbanks) Mondays 9:30 A.M.-12:30 P.M. and 5:00-6:00 P.M. Thursdays 5:15-6:00 P.M. To-go meal package with food for a week.
- Ozarks Food Harvest: Food pantries are open and ready to serve. Drive-through or walk-up model for food distribution at this time.
<https://ozarksfoodharvest.org/coronavirus-update/>

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- Ozarks Regional YMCA: Ward location at 417 S. Jefferson or Pat Jones location at 1901 E. Republic Rd. To-go breakfast or lunch. Salvation Army: 1707 W Chestnut Expwy, 417-862-5509 Wed, 9:30-11:30 A.M. and 1-2:30 P.M. Drive through food pantry. NEED: ID, SS card for each member of family and mail less than 60 days old.
- Schweitzer UMC: 2747 E Sunshine, 417-881-6800 Mon/Weds 9:00 A.M. to 2:00 P.M. Food pantry, open to the public. Crisis Only.
- Springfield Public Schools: Providing breakfast and lunch 9:30am-12:30pm at every SPS school
<https://www.sps.org/site/default.aspx?PageType=3&DomainID=4&ModuleInstanceID=1305&ViewID=6446EE88-D30C-497E-9316-3F8874B3E108&RenderLoc=0&FlexDataID=13073&PageID=1>
- St. Joseph Church: 1115 N. Campbell 417-865-1112 Tues, 9:00 A.M. to 12:00 P.M. Drive through food pantry. Please call for drive up service.
- The Springfield Dream Center: 829 W. Atlantic offers a Wednesday night meal from 5:30-6:30. This is a to-go meal provided either through a drive through car line or walk-up.
- UberEats: waives delivery fees for independently owned restaurants amid coronavirus outbreak.
- Willard School District – Grab and go meals Mondays and Wednesdays for those that have signed up 10-12

Some AMAZING community organizations and churches in our area have come together to create resources during the COVID-19 crisis. Check out their new website for all the details! <http://417outreach.com/>

Restaurants with curbside or home delivery and how to order – updated daily

<https://417togo.com/?fbclid=IwAR28hLcgQzDv3BycVPRmDJNJ3quxoTZLe9Z4CBDtVAjoTutyjNssQFpBKXw#springfield2>

Diapers, baby wipes and Misc.

Republic Pregnancy Resource Center (291 US Highway 60) - The Pregnancy Resource Center will be open Monday through Thursday 10:00 a.m. to 4:00 p.m., handing out diapers (sizes 0-6) and baby wipes.

Calvary Baptist Church (804 US60, Republic) 417-732-1405 Tuesday and Wednesday 1:00-4:00 p.m. Hygiene Kits, Bottled Water, Gatorade, Paper Towels, Baby Wipes, Diapers

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Diaper Bank of the Ozarks: Distributing diapers to partner agencies serving families in need throughout the Ozarks. 417-501-4411, <https://diaperbankoftheozarks.org/>

United Way (211): 211 is a free, confidential referral and information helpline and website that connects people of all ages and from all communities to the essential health and human services they need, 24 hours a day, seven days a week. 211 can be accessed by phone or computer. A toll-free call to 211 connects you to a community resource specialist in your area who can put you in touch with local organizations that provide critical services that can improve—and save—lives.

Homeless

- One Door: If you are homeless or at imminent risk of homelessness, call One Door at 417-225-7499, <https://www.cpozarks.org/one-door/>
- The Connecting Grounds: 1109 E. Commercial Daily 5:00 P.M. sack meal pick-up for the homeless. Grab a meal and go.
- Grace United Methodist: 600 S. Jefferson Daily 5:00 P.M. sack meal pick-up for the homeless Grab a meal and go.
- Veteran's Coming Home: 806 N. Jefferson Breakfast 8:30 A.M. sack meal pick-up for the homeless. Grab a meal and go

Internet access / Cell phones

Quick Check Internet Option Site: <https://www.everyoneon.org/find-offers>

Sprint: Offering unlimited data to existing customers for 60 days and all hotspot-capable handsets will be enabled with 20GB of hot-spot service per month for 60 days. Late fees and service disconnections are also waived for 60 days.

T-Mobile: Offering unlimited data to existing customers for 60 days and all hotspot-capable handsets will be enabled with 20GB of hot-spot service per month for 60 days, and free international calling for existing customers. Late fees and service disconnections are also waived for 60 days.

Springfield Greene County Library: The public library is offering free wifi in the library parking lots, including the Library Express West. Here is more information about connecting to the public library wifi:

<https://thelibrary.org/services/wifi.cfm> .

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Communication

APPS for virtual communication

- Facetime
- Whatsapp
- Skype – group chats
- Marco Polo – for sending videos or messaging
- Facebook Messenger
- House Party – to play games
- Google Hang Out Meet – for google users

Health

Be Well Community - <https://bewellcommunity.ca/>

Both hospitals are closing some of their urgent cares. Follow the links to see what facilities are open and you are able to make appointments online to prevent from setting in the waiting rooms.

Cox – Cox Telehealth is free

https://www.gohealthuc.com/springfield/springfield/east-battlefield?utm_source=bing&utm_medium=cpc&utm_campaign=IP_PS_Mercy_Springfield_EBattlefield_NB_BB&utm_term=fast%20%2Burgent%20%2Bcare&utm_content=Urgent%20Care%20-%20BMM

Mercy - https://www.gohealthuc.com/springfield/springfield/east-battlefield?utm_source=bing&utm_medium=cpc&utm_campaign=IP_PS_Mercy_Springfield_EBattlefield_Brand_BB&utm_term=mercy%20urgent%20care&utm_content=Mercy%20Urgent%20Care%20-%20Exact

Jordan Valley – updates <https://www.jordanvalley.org/news-and-events>

*****If you are or someone you love is having a medical emergency please call 911 and/or go to the emergency room.**

Senior Age Emergency opt in program

<https://senioragemo.org/breaking/seniorage-alert-program-opt-in-form/>

OT made outside exercise video -

<https://www.facebook.com/rebekahjohnstone/videos/10221689818012397/>

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Mental Health

Burrell Behavioral Health- myStrength is a FREE online support tool, available 24/7, and filled with quality information and daily inspiration with a focus on improving overall well-being. Visit <https://www.burrellcenter.com/our-services/online-support/> for more and/or call 417-761-5000 for more information about mental health screenings. 24-Hour Crisis Line is available 417-761-5555

Join **Burrell Behavioral Health** on their Facebook page - Join daily from 12:45-1:15 to practice self-care and connection during the COVID-19 response. https://www.facebook.com/BurrellCenter/?__tn__=%2CdkCH-R&eid=ARBwi1R7qkukLEZqPQqgsqVSUdSq7abEsPKKJMmqNM4I5NyT_hIUaISAMRcCHZKSp-h7WYh8qA3cccOm&hc_ref=ARSRL-aMOK7C3lqroFTQqDUeS5h_Jn7pAnVzVdMwhWFyS_-_sHIXbppn8jrGVeJJ-oA&hc_location=group

Centers for Disease Control: CDC offers suggestions on coping directly with the stress of COVID-19 at <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html> and suggestions for caring for your emotional health at <https://emergency.cdc.gov/coping/selfcare.asp>

Family-to-Family Supports: During these times of uncertainty, Missouri Family-to-Family is here to help. If you'd like someone to talk to about issues affecting your life or want to be connected with a trained peer support mentor, [send us an email](#), visit our website at www.mofamilytofamily.org or give us a call [1-800-444-0821](tel:1-800-444-0821). Our Family Navigators are ready to speak with you today

The National Federation of Families for Children's Mental Health: The collection of resources below includes videos, toolkits, activities to use at home and more to support parents and caregivers and their children during the COVID-19 pandemic. <https://www.ffcmh.org/covid-19-resources-for-parents>

100 Everyday Ways to Strengthen Your Child's Mental Health
<https://parentswithconfidence.com/everyday-ways-to-nourish-a-childs-mental-health/?fbclid=IwAR3TeV0f5wWEEc6bj1O-ckMGT-TVUIR6CqISV2ZOM0XZjPvOrAm0ac9hA0Y>

Temple Grandin Tips for Children with Autism Coping with the Quarantine
<https://parade.com.cdn.ampproject.org/c/s/parade.com/1019088/debrawallace/temple-grandin-tips-children-with-autism-coronavirus-quarantine/amp/?fbclid=IwAR3vW056yEkkq17DIFN7sNrtZ>

Burrell Crisis Line 800-494-7355 24 hours a day / 7 days a week

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Crisis Text Line – Text HELLO to 741741 or message us a [facebook.com/crisistextline](https://www.facebook.com/crisistextline) to chat with a crisis counselor. 24 hours a day / 7 days a week

National Suicide hotline 800-784-2433 or 800-422-4673 24 hrs / 7 days a week

Spectrum 1-833-267-6094

If you need assistance in managing stress related to COVID-19, please call the **Disaster Distress Helpline** at: 1-800-985-5990 or text "TalkWithUs" to 66746

Employment/Unemployment

- **Missouri unemployment: Department of Labor:** If you lost your job due to COVID-19, you can apply for unemployment at <https://uinteract.labor.mo.gov/benefits/home.do> When applying, select COVID-19 as the reason for your job loss; job search requirements are waived. Call 800-320-2519 or 417-895-6851 if needed. (CPOzarks)
- If you are approved for unemployment, you still need to make your weekly request for payment. COVID related claims don't require work search, so enter 0 there. It is open now for the 3/22-3/28 week - always opens on Sunday. The sooner you file, the sooner it is processed.
- You can check the status of your weekly claim by logging into your uinteract account, going to Inquiry, Benefits, Claimant/Claim Inquiry and it will be near the bottom.
- **Missouri One Start:** Check out this compressive list of places currently hiring <https://missourionestart.com/nowhiring/>

Employment resource page <https://www.careeronestop.org/>

MO Career Center <https://www.springfieldmo.gov/1007/Workforce-Development>

Activities/Virtural Fun

Art Inspired Academy ONLINE Zoom! CLASSES -Registration is first come, first serve. Each class will be a small size (approximately five students total). When you register for an AIA zoom class, you'll receive an email password that will allow you to log into your online class and some tips on how to get the most out of your online AIA classes. If you have to miss a session of your AIA Zoom class, we understand. However, there will be no make up sessions. Please do not sign up for a class unless you are confident that you'll be able to attend regularly at that time. <https://www.abilitiesfirst.net/art-inspired-academy/>

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Special Olympics -Online trainings in health and wellness and leadership and lifeskills for Special Olympics Missouri athletes, coaches, families and volunteers. The health and wellness portion of #SOMOatHome goes live at 10 a.m. and 4 p.m. every day on our [Facebook channel](#), while the Lead-At-Home programming will offer a class every weekday, but the times may differ depending on who's leading that session. <https://somo.org/athome>

Special Olympics – School of Strength exercise video program
<https://www.specialolympics.org/school-of-strength>

Parents resource

<https://echoautism.org/parent-resources-during-covid-19/>

Macaronikid – daily schedule of activities for toddlers to young adults.
<https://springfieldmo.macaronikid.com/>

Springfield Greene County Park Board updates – what parks and activities are currently available <http://www.parkboard.org/civicalerts.aspx?AID=234>

Parks Pick-Me-Up Daily The Springfield-Greene County Park Board have launched Parks Pick-Me-Up for families to enjoy. They are sharing fun things to do and see in the Springfield parks. It includes health and wellness tips, park stories, cool places to walk or hike, kids activities and photos. They also have downloadable content for families. All the details and more information, can be found at parkboard.org.

Missouri Department of Conservations (trails, lakes etc.)
<https://mdc.mo.gov/about-us/mdc-covid-19-response>

Springfield Greene County Library - Library Don't forget -- you can use the Library's online resources 24/7 with your library card at thelibrary.org. You can also apply for a temporary library card at thelibrary.org/catalog. Stay healthy, everyone, and watch for updates on Facebook!

Missouri State has a website with a variety of links to various activities from streaming, art, to fitness <https://alumni.missouristate.edu/maroonation-hibernation.htm>

OT ToolBox Routines offer children a sense of normalcy. Chores and helping out around the home are just one way to make new routines a family event. Here are age-appropriate chores for kids: <https://www.shrs.pitt.edu/.../c.../children-and-family-resources>

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Ozarks Public Television launch educational show for kids stuck at home -

<https://www.ozarksfirst.com/local-news/local-news-local-news/ozarks-public-television-launch-educational-show-for-kids-stuck-at-home/>

Free Lego Activities - <https://kidsactivitiesblog.com/137515/free-lego-activities-andprintables/?fbclid=IwAR3A5DBoTmSfQEb98iKHEsf6sDJcbfTsaX5FhMNAmu7dgBvThLFT4Av-T8>

Dickerson Park Zoo – Daily Facebook live post with animal interactions and education <https://www.facebook.com/DPZoo/>

Arc at Home <http://www.thearcoftheozarks.org/arc-at-home?fbclid=IwAR3QmzU207OToEs2N1kLgmJIARhaDb7NVjbNjXC3p2AtbgYcl67h0cZmgFs>

Free Photography classes online -

https://www.theverge.com/2020/4/2/21204243/nikon-free-photography-classes-april?fbclid=IwAR3C7-2Wv2ERHZNOB_DPcWDtzL-bfYqUR5pJUSyw8DLG3uHgFHR4YqdAFd4

Sproutflix, a nonprofit organization and distributor of films exclusively featuring people with intellectual and developmental disabilities (I/DD), is offering a free full-screen playlist of three short films featuring people with I/DD.

<http://sproutflix.org/sprout-virtual-film-festival-2/>

Online Literacy Resources - <https://growingbookbybook.com/online-literacy-resources/?fbclid=IwAR1prup32F-TbPqBjfsC79KNXfqUHJ5mizg4Flbp6ks4HmQ4-23BYzJPulk>

Barnes and Noble – Daily Digital Storytime

<https://www.barnesandnoble.com/h/bn-storytime?fbclid=IwAR2oKNMqROf8ekGovXtq2gr1fzXPXziUZAfdxafTFg3cKDBL5TwMOxHmXto>

Celebs read to Children

<https://nerdist.com/article/celebrities-reading-childrens-books-charity-save-with-stories/?fbclid=IwAR0h3l-uqogQ8aedsbz4Co2b55XJZTzmhpVQgfQbMWamS-IRcvuUFW9kHYU>

Harry Potter at Home - Games, Coloring pages, vides

<https://www.wizardingworld.com/collections/harry-potter-at-home>

Goodnight with Dolly Time: 7:00 PM - 7:15 PM Dolly Parton is reading books from Dolly Parton's Imagination Library. Join her every Thursday, April 2-June 4 from 7-

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7:15 p.m. on social media for a storytime. For more information, visit [facebook.com/dollysimaginationlibrary](https://www.facebook.com/dollysimaginationlibrary).

More Info: <https://www.facebook.com/dollysimaginationlibrary>

OT Tool Box offering 31 days of free learning -

https://www.theottoolbox.com/31-days-of-learning-with-free-materials/?fbclid=IwAR2_DmnkdQiJ_NKpYu9nBIMqN-aaChfDfBXY7Uub15BhtzSEgMQNNi9ScQk

List of Live Streams for Kids to watch -

https://www.goodhousekeeping.com/life/parenting/a32022219/livestreams-for-kids/?utm_campaign=socialflowFBGHK&utm_medium=social-media&utm_source=facebook&fbclid=IwAR2T7RYk3ukBkOulgfNn3exwA1egwK-16_kUtWUdZrubQGSTLleQIFyCsA

Activities for Seniors

<https://dailycaring.com/9-enjoyable-activities-for-seniors-with-limited-mobility/>

National Geographic Launches FREE Website for Kids w/ Games, Experiments, Videos & More - <https://www.nationalgeographic.com/family/at-home-education-resources>

Hulu Frog - Local daily activities for children <https://hulafrog.com/springfield-mo>

How to make a virtual schedule -https://theinspiredtreehouse.com/how-to-make-a-visual-schedule/?fbclid=IwAR1z9kq0l4ZAAtQAHxgOHC8rLraAPEh0xv7h6eKZBx_gfp3Gosc6a8SaE17s

Make Sensory Bins: Start with the basics: Use some rocks, sand, water, ice, and small items like plastic toys. Fill a bin and play.

<https://littlebinsforlittlehands.com/dinosaur-sensory-bin-outdoors-moon-dough-more/>

50 fine motor activities for children under 3 -

<https://www.growinghandsonkids.com/50-fine-motor-activities-for-children-under-3-years-old.html?ref=40&fbclid=IwAR0IF4HBXbpl0g7eRzGWaQ3Bj1BirkRP4-AVGWAgrzRYcnae2le-yDi1UIY>

Adult coloring <https://www.justcolor.net/>

Sesame Street is hosting Virtual Playdate with Elmo -

<https://www.mentalfloss.com/article/622655/sesame-streets-elmo-hosting->

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[virtual-playdate?fbclid=IwAR17ISu1lpkmpkhF7NnJ1JdPi_aquAQcnN9pOpAkI7Ue6y6BB56E2dq_Hc](https://www.facebook.com/virtual-playdate/?fbclid=IwAR17ISu1lpkmpkhF7NnJ1JdPi_aquAQcnN9pOpAkI7Ue6y6BB56E2dq_Hc)

Itty Bitty City daily facebook live events -Here's our weekly schedule:

Mondays at 10am: [Live from the Lab: An Interactive Playology Lab Craft](#) -

Join us on our Facebook Page for a Live feed from our Playology Lab. We'll lead you in a craft activity, take questions, and share a few resources for getting through the week! We'll post a list of supplies needed in the event discussion, as well as on our Facebook page on Friday evening so you have time to gather them.

Tuesdays at 10am: We're encouraging our Itty Bitty Families to hop over to the [Springfield Green County Library Facebook Page](#) for a virtual storytime.

Win-It Wednesdays: Watch our Facebook feed for a post featuring a contest or giveaway.

Wednesday, April 15th at 1pm - [Meet Cubetto](#), our adventuresome little robot that teaches coding concepts. We'll use Facebook live to learn about how he works and go on an adventure through the City!

Thursdays at 10am: [Itty Bitty Animals Which Way Adventures](#) - Our Itty Bitty animals are going on an adventure, and you can help us decide what is going to happen!

Fridays at 10am: Join our favorite musician, Ms. Leslie from our Itty Bitty Music Makers Club, for Musical Moments at Home on her [Musical Bridges Facebook Page](#).

Sundays at 1pm: Our friends at Earth Child Yoga SWMO are hosting [Online Storytime Yoga](#) on their FB Page.

National Parks

<https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=8&cad=rja&uact=8&ved=2ahUKEwig-p29vMzoAhVLXq0KHZMADLsQFjAHegQIBBAB&url=https%3A%2F%2Fwww.travelandleisure.com%2Ftrip-ideas%2Fnational-parks%2Fvirtual-national-parks-tours&usg=AOvVaw1MSHNh73NiOrvFfkVi7fnx>

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Museums, Zoos, Theme Parks

https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=7&cad=rja&uact=8&ved=2ahUKEwjD7_LovMzoAhVDgK0KHVPcD1cQFjAGegQIARAB&url=https%3A%2F%2Fwww.goodhousekeeping.com%2Flife%2Ftravel%2Fa31784720%2Fbest-virtual-tours%2F&usg=AOvVaw218ou3YN5rG1Ab-0HnCFkl

Wonders of Wildlife daily animal update -

[https://www.facebook.com/wondersofwildlife/?_tn_&eid=ARADqEDQT4y40MMvNax5ji95Bxr00a4OESYqaxqUkB2oH-YSdsG9vU6k5KCKX8hTvVklyZpPcPINvLaxv&hc_ref=ARRS3OhtWCDnx9e_9cptQmEP01cl06T1VID3stiOGhZwpXU8JqLlISVftKA2I21Lbso&fref=nf&_xts__\[0\]=68.ARDCZQE7j1HGykOlpoQRwcrlyX62hkNbDVUU3L4UiJq8wAd1hLEYHmJ4FcuJuWwx_6O7p_uBHCHSIIxz1lxGoF0-NnBcXRudlg4U7C8MyRTWxtmwbDNvYhBx2PBVWjwqMQ1_T0OPK3WITAI4hD-hYkDjUMOFENWbq_u17eQos8o8mtY1wbH7KMcjOZJvKyy6ImbsRXTEAILZonNXbRozcCFHep_gQgqFfRHU42GT0ZwzECeZ4-9Y9IyaV8G72XPLdE9ABh9ngsJ8rqFco4mU5YHmcMo32HZ5Gr8qCeE-47_2lnf2b1jOcd7EQ0UrjY0j2VZC0uU5ZLcfZ83DNcDUgx3YhXb2FWA](https://www.facebook.com/wondersofwildlife/?_tn_&eid=ARADqEDQT4y40MMvNax5ji95Bxr00a4OESYqaxqUkB2oH-YSdsG9vU6k5KCKX8hTvVklyZpPcPINvLaxv&hc_ref=ARRS3OhtWCDnx9e_9cptQmEP01cl06T1VID3stiOGhZwpXU8JqLlISVftKA2I21Lbso&fref=nf&_xts__[0]=68.ARDCZQE7j1HGykOlpoQRwcrlyX62hkNbDVUU3L4UiJq8wAd1hLEYHmJ4FcuJuWwx_6O7p_uBHCHSIIxz1lxGoF0-NnBcXRudlg4U7C8MyRTWxtmwbDNvYhBx2PBVWjwqMQ1_T0OPK3WITAI4hD-hYkDjUMOFENWbq_u17eQos8o8mtY1wbH7KMcjOZJvKyy6ImbsRXTEAILZonNXbRozcCFHep_gQgqFfRHU42GT0ZwzECeZ4-9Y9IyaV8G72XPLdE9ABh9ngsJ8rqFco4mU5YHmcMo32HZ5Gr8qCeE-47_2lnf2b1jOcd7EQ0UrjY0j2VZC0uU5ZLcfZ83DNcDUgx3YhXb2FWA)

Swim with Sharks - https://apsari.com/ripleys-aquarium-in-canada-is-offering-livecams-for-sharks?fbclid=IwAR2ZGOW5PD_dGt8hbtYj3uCV0INbhOSEZGGDmWz5gMnLO2liQsWl35AWPZY

Turn phone into museum - https://www.travelandleisure.com/culture-design/the-google-arts-culture-app-will-turn-your-phone-and-home-into-an-interactive-museum?utm_source=facebook.com&utm_medium=social&utm_campaign=southernliving_southernliving&utm_content=link_internalcrosspromotion_travelandleisure&utm_term=20200401&fbclid=IwAR1q_dqGGVLLQYMr-EBlfq88NeCfXrRgvl_qWq9eD4SV1B7jAav7WRWPmOY

The National Theatre is going to stream a free play every Thursday night

https://www.timeout.com/london/news/the-national-theatre-is-going-to-stream-a-free-play-every-thursday-night-032620?utm_medium=Social&utm_source=Facebook&cid=%7Elondon%7Enatso c%7Efacebook%7Eechobox&fbclid=IwAR38COSjifYssJCFXuWuTMrgTT5Ds4TChx689u-WEvmJNXZPY7MFgETH2aA#Echobox=1585229560

CSS resource update #15

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Wander the Neon Boneyard Museum of vintage signs in Vegas with this free app-[https://www.timeout.com/usa/news/wander-a-boneyard-of-vintage-neon-signs-with-this-free-app-](https://www.timeout.com/usa/news/wander-a-boneyard-of-vintage-neon-signs-with-this-free-app-033120?fbclid=IwAR1F7ZsXSnCUWcxXHA0yUIJ0cg0kbQivYUwXDc3rmxkdals_1tHg_hL4kaAc)

[033120?fbclid=IwAR1F7ZsXSnCUWcxXHA0yUIJ0cg0kbQivYUwXDc3rmxkdals_1tHg_hL4kaAc](https://www.timeout.com/usa/news/wander-a-boneyard-of-vintage-neon-signs-with-this-free-app-033120?fbclid=IwAR1F7ZsXSnCUWcxXHA0yUIJ0cg0kbQivYUwXDc3rmxkdals_1tHg_hL4kaAc)

Andrew Lloyd Webber's Musical free online - <https://www.msn.com/en-gb/entertainment/music/andrew-lloyd-webber-will-stream-his-musicals-for-free-online-starting-with-joseph/ar-BB1247pd?ocid=sf>

Epic Hikes around the Worldhttps://www.lonelyplanet.com/articles/virtually-hike-the-appalachian-trail?utm_campaign=ENL-AMERICAS-ENGAGED-20200407&utm_source=sfmc&utm_medium=email&stuid=a9e7762ae5d39c26f071eb07e8622042&utm_content=144799&utm_term=

Buckingham Palace - <https://www.youtube.com/watch?v=gen0NgJjry4>

Stonehenge - https://www.youtube.com/watch?v=_RyqU1r1Fmk

Edinburgh Castle - <https://www.youtube.com/watch?v=Zu-KVWSqJlI>

Tower of London - <https://www.youtube.com/watch?v=yeLQVare-3k>

St Louis Aquarium offering live streams

https://www.onlyinyourstate.com/missouri/livestream-tour-mo/?fbclid=IwAR3f1_KAs3luIQRzmSdm5nGeSCSW95xR0vTQDc62CgJn_QJvr4efkypRIM

KC Film Fest 2020 Due to Covid-19, KC Film Fest International is celebrating our 2020 filmmakers by sharing their films online, April 13 - 19. Grab an All-Access pass for \$10.00, and binge on films that will entertain, inspire and connect you to the world. Thank you for your support and we will see you in theaters next year.
www.kcfilmfest.org

Every Episode of Bob Ross Painting online -

https://www.youtube.com/user/BobRossInc/playlists?view=50&sort=dd&shelf_id=7

Air BNB experiences – Online experiences from mediation with a Tibetan Monk to cooking class. Cost varies from free - \$35

<https://www.airbnb.com/s/experiences/online>

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Free online music classes -We are continuing our free live stream music classes through the month of April if anyone has kiddos who need something fun to do on Friday mornings! Classes will be streamed on the event page below 😊;) Stay safe and be well Springfield!

<https://www.facebook.com/events/1520796544764859/>

Crystal Bridges At Home Activity - https://crystalbridges.org/blog/cbfromhome-activity-south-bend-quilt-squares/?utm_source=wordfly&utm_medium=email&utm_campaign=4.8.20CBWEEKLY%23CBfromHome&utm_content=version_A&sourceNumber=

Virtual Tour of Missouri Botanical Gardens -

https://www.onlyinyourstate.com/missouri/virtual-tour-botanical-garden-mo/?fbclid=IwAR3k_DS42n2vDINX4SfcMEhUlaCvatzH-EgIkVWceLNRkE0a6u1HLYwtiuU