

CSS resource update #12

April 7, 2020

Stay at home order – Q and A

State of Missouri - https://governor.mo.gov/stay-home-missouri-order-guidance-and-frequently-asked-questions?fbclid=IwAR10_fs5IWasMG6DY9aUnLgaNrZ0AW0aa8GsD6f7KHSKBTq6Uogk3Ubw2Ms

Springfield Daily updates-

<https://www.springfieldmo.gov/CivicAlerts.aspx?AID=6642>

Utilities

Local utility companies have suspended disconnections due to COVID-19. If you are unable to pay your bill, please contact your utility company to make payment arrangements. The total amount will be due once they resume disconnections. Utility assistance is available through OACAC; however, offices are currently closed due to COVID-19. Applications can be accessed online at <https://oac.ac/liheap-energy-programs/> and can be mailed to the appropriate address included in the application. (CPOzarks)

HOUSING

If you are unable to pay your rent or mortgage, reach out to your landlord or lender to discuss the situation. Please note: discussions in the news about eviction and foreclosure suspensions do not broadly apply to rentals or mortgage lenders. If you are homeless or at imminent risk of homelessness, call One Door at 417-225-7499, <https://www.cpozarks.org/one-door/>

****There is currently no rent assistance available in Springfield. (CPOzarks)*

Consumer Financial Protection Bureau -

<https://www.consumerfinance.gov/about-us/blog/guide-coronavirus-mortgage-relief-options/?fbclid=IwAR0ZqesqleQiXEoB6VRuVqeGz53Xf606jPaPzU8CvXOpojlnkarJZu2KgQE#relief-options>

Making connections

Updates daily - AARP - Across the country, people are informally organizing online mutual aid groups to stay connected, share ideas and help those most affected by the global coronavirus pandemic. The new AARP Community Connections website can help individuals start a group, join a group, or find support in their community.

https://aarpcommunityconnections.org/?utm_source=aarp&utm_medium=ene

CSS resource update #12

April 7, 2020

[wsletter&utm_campaign=livable&utm_term=communityconnections&utm_content=032520&cmp=EMC-DSM-NLC-LC-HOMFAM-20200401_LivableCommunities_899300_1315603-040120-F3-CommunityConnections-Text-CTRL-4474631&encparam=GtD79%2BL7x5sRZFXeFZDymekX%2BsvAjKvNZK4V%2FDatP11%3D](https://www.livable.com/newsletter&utm_campaign=livable&utm_term=communityconnections&utm_content=032520&cmp=EMC-DSM-NLC-LC-HOMFAM-20200401_LivableCommunities_899300_1315603-040120-F3-CommunityConnections-Text-CTRL-4474631&encparam=GtD79%2BL7x5sRZFXeFZDymekX%2BsvAjKvNZK4V%2FDatP11%3D)

5 ways seniors can connect with others during quarantine -

<https://www.eraliving.com/blog/4-ways-seniors-can-connect-with-others-during-the-coronavirus-outbreak/>

Transportation

- CU Bus Schedule Updates: <https://www.cutransit.net/routes/>
- Lyft: Transportation service opportunities. <https://www.lyft.com/lyftup>

Cleaning your home

Updates daily as they learn more -EPA: Disinfectants for Use Against SARS-CoV-2
<https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>

Benefits

Updates regularly - **Social Security** - Q and A -
<https://www.ssa.gov/coronavirus/>

Medicaid / Food Stamps

Due to the Families First Coronavirus Response Act, any adverse actions or closings are on "pause" indefinitely until the federal emergency COVID-19 declaration ends.

Missourians can apply for services 24/7 online by visiting MyDSS.mo.gov, or sending completed applications and verification documents by email to FSD.Documents@dss.mo.gov, or by fax to 573-526-9400. Missourians who have questions or need assistance can call 855-FSD-INFO or 855-373-4636 Monday through Friday, 6:00 a.m. to 6:30 p.m., Saturday 8:00 a.m. to 5:00 p.m. and Sunday 10:00 a.m. to 3:00 p.m.

The Department of Social Services is committed to serving the needs of Missouri citizens during COVID-19 pandemic. Information regarding the department's response to the pandemic is available online <https://dss.mo.gov/covid-19>.

CSS resource update #12

April 7, 2020

Economic Impact Payments: <https://www.irs.gov/newsroom/economic-impact-payments-what-you-need-to-know>

Food Edward Jones Highlights the Care Act Benefits -

<https://www.edwardjones.com/market-news-guidance/guidance/cares-act-highlights.html>

Food / supplies

How to sanitize your groceries - https://www.rocketcitymom.com/this-doctor-shows-us-how-to-sanitize-groceries-and-its-very-useful-and-terrifying/?fbclid=IwAR3gK_u07gH_oo9RDbjni_zbbxEYtbHPYQONXzmEL9dg2rhW85-PQ5GC5DU

Assistance for Seniors

- Black Sheep: Providing food for adult seniors in need. Contact Mike Jalili at 379-2111
- Crosslines Food Pantry: 615 N. Glenstone M-F 9:00 A.M.-1:45 P.M. Drive through food pantry 417-869-0563, <http://www.crosslines.org/find-support/>
- Meals on Wheels: Accepting new clients. Call Cox South at 417-269-4696 or Cox North at 417-269-3496. Lunch is provided Monday to Friday for \$23.00 per week.
- Norma's Carriage House: Providing seniors with one free meal daily during the COVID-19 crisis, either for curbside pickup or delivery. Norma's Carriage House is located at 729 W. Sunshine OR 1537 N. Glenstone. Call 417-720-4487.
- Salvation Army Food Pantry: 1707 W. Chestnut. Drive through services provided on Wednesdays from 9:30-11:30 A.M. and 1:00-2:30 P.M. ID, social security cards for household members and recent mail required.
- SeniorAge: Providing both curbside pickup and delivery of meals. Call 417-862-0762.
- The Springfield Dream Center: 829 W. Atlantic offers a Wednesday night meal from 5:30-6:30. This is a to-go meal provided either through a drive through car line or walk-up.

Children and Families

- Boys & Girls Clubs of Springfield: Providing three meals per day per person at three locations (extra meals on Fridays for weekends), curbside home deliveries, and health and hygiene items (thanks to a partnership with Care to Learn) for any Club family. Henderson (835 W. Calhoun) Monday-Friday 4:30pm-6:30pm (expanded afternoon hours, effective 4/6/2020. If Henderson families need to pick up meals in the AM, they can pick up at

CSS resource update #12

April 7, 2020

another Unit). Musgrave (720 S. Park) and Stalnaker (1410 N. Fremont):
Monday-Friday 7:00am-8:30am AND 4:30pm-6:00pm

- Crosslines Food Pantry: 615 N. Glenstone M-F 9:00 A.M.-1:45 P.M. Drive through food pantry 417-869-0563, <http://www.crosslines.org/find-support/>
- Day Spring Christian Church: 2157 N Prospect, 417-864-4338 Thurs, 9:00 A.M. to 12:00 P.M. Food pantry. North side Springfield residents.
- Harbor House Frontline Feeding: 636 N. Boonville Lunch 12:00-1:00 P.M. sack meal pick-up. Grab a meal and go.
- Hinode/Bawi: 40% OFF. Taking call-in orders only 417-877-1777 or 417-988-6700.
- Least of These: 1720 James River Rd. Ozark, MO April 3 & 8: 8:00 to 11:00 A.M. April 16: 5:00 to 6:30 P.M. April 20 & 27: 8:00 A.M. to 12:00 P.M. Drive through food pantry Call 417.724.2500 to complete application for assistance.
- Life360 Chesterfield: 2220 W. Chesterfield, 9:00 A.M. to 7:00 P.M. To-go meal package with food for a week.
- Life360 Fairbanks: 1126 N. Broadway (Fairbanks) Mondays 9:30 A.M.-12:30 P.M. and 5:00-6:00 P.M. Thursdays 5:15-6:00 P.M. To-go meal package with food for a week.
- Ozarks Food Harvest: Food pantries are open and ready to serve. Drive-through or walk-up model for food distribution at this time. <https://ozarksfoodharvest.org/coronavirus-update/>
- Ozarks Regional YMCA: Ward location at 417 S. Jefferson or Pat Jones location at 1901 E. Republic Rd. To-go breakfast or lunch. Salvation Army: 1707 W Chestnut Expwy, 417-862-5509 Wed, 9:30-11:30 A.M. and 1-2:30 P.M. Drive through food pantry. NEED: ID, SS card for each member of family and mail less than 60 days old.
- Schweitzer UMC: 2747 E Sunshine, 417-881-6800 Mon/Weds 9:00 A.M. to 2:00 P.M. Food pantry, open to the public. Crisis Only.
- Springfield Public Schools: Providing breakfast and lunch 9:30am-12:30pm at every SPS school. **(except Friday April 10)**
- <https://www.sps.org/site/default.aspx?PageType=3&DomainID=4&ModuleInstanceID=1305&ViewID=6446EE88-D30C-497E-9316-3F8874B3E108&RenderLoc=0&FlexDataID=13073&PageID=1>
- St. Joseph Church: 1115 N. Campbell 417-865-1112 Tues, 9:00 A.M. to 12:00 P.M. Drive through food pantry. Please call for drive up service.
- The Springfield Dream Center: 829 W. Atlantic offers a Wednesday night meal from 5:30-6:30. This is a to-go meal provided either through a drive through car line or walk-up.

CSS resource update #12

April 7, 2020

- UberEats: waives delivery fees for independently owned restaurants amid coronavirus outbreak.

Some AMAZING community organizations and churches in our area have come together to create resources during the COVID-19 crisis. Check out their new website for all the details! <http://417outreach.com/>

Restaurants with curbside or home delivery and how to order – updated daily

<https://417togo.com/?fbclid=IwAR28hLcgQzDv3BycVPRmDJNJ3quxoTZLe9Z4CBDtVAjoTutyjNssQFpBKXw#springfield2>

Diapers, baby wipes and Misc.

Republic Pregnancy Resource Center (291 US Highway 60) - The Pregnancy Resource Center will be open Monday through Thursday 10:00 a.m. to 4:00 p.m., handing out diapers (sizes 0-6) and baby wipes.

Calvary Baptist Church (804 US60, Republic) 417-732-1405 Tuesday and Wednesday 1:00-4:00 p.m. Hygiene Kits, Bottled Water, Gatorade, Paper Towels, Baby Wipes, Diapers

Diaper Bank of the Ozarks: Distributing diapers to partner agencies serving families in need throughout the Ozarks. 417-501-4411, <https://diaperbankoftheozarks.org/>

United Way (211): 211 is a free, confidential referral and information helpline and website that connects people of all ages and from all communities to the essential health and human services they need, 24 hours a day, seven days a week. 211 can be accessed by phone or computer. A toll-free call to 211 connects you to a community resource specialist in your area who can put you in touch with local organizations that provide critical services that can improve—and save—lives.

Homeless

- One Door: If you are homeless or at imminent risk of homelessness, call One Door at 417-225-7499, <https://www.cpozarks.org/one-door/>
- The Connecting Grounds: 1109 E. Commercial Daily 5:00 P.M. sack meal pick-up for the homeless. Grab a meal and go.
- Grace United Methodist: 600 S. Jefferson Daily 5:00 P.M. sack meal pick-up for the homeless Grab a meal and go.
- Veteran's Coming Home: 806 N. Jefferson Breakfast 8:30 A.M. sack meal pick-up for the homeless. Grab a meal and go

CSS resource update #12

April 7, 2020

Internet access

Quick Check Internet Option Site: <https://www.everyoneon.org/find-offers>

AT&T: Offering free public access to their WiFi hot-spots, two months of free service to new Access customers who order by 4/30/2020, unlimited data to existing customers, and \$10/month plans for low-income families. To be eligible for this offer, you must meet one of the following criteria: Household income 135% or less than the federal poverty guidelines Households participating in National School Lunch Program or Head Start

<https://www.att.com/shop/internet/access/index.html?source=ECmj0000000000mbU&wtExtndSource=access#!/>

Charter Communications/Spectrum: Offering free Spectrum broadband and WiFi service for 60 days to new subscribers and free public access to their WiFi hot-spots. To enroll call 1-844-488-8395 or visit

<https://corporate.charter.com/newsroom/charter-to-offer-freeaccess-to-spectrum-broadband-and-wifi-for-60-days-for-new-K12-and-college-student-households-andmore>

Comcast: Offering free WiFi for 60 days to low-income families and free public access to Xfinity WiFi hot-spots. Learn more:

<https://corporate.comcast.com/covid-19>

Mediacom: Offering 60 days of complimentary Mediacom Connect2Compete service to qualifying families who subscribe before May 15, 2020. To be eligible for this offer, you must meet the following criteria: You have at least one student in grades K-12 living at home who qualifies for free or reduced-price school lunch through the National School Lunch Program You are not a current Mediacom internet customer and have NOT subscribed to our internet service in the past 90 days You do not have an outstanding Mediacom bill or unreturned equipment. Visit: <https://mediacomc2c.com/>

Sprint: Offering unlimited data to existing customers for 60 days and all hotspot-capable handsets will be enabled with 20GB of hot-spot service per month for 60 days. Late fees and service disconnections are also waived for 60 days.

T-Mobile: Offering unlimited data to existing customers for 60 days and all hotspot-capable handsets will be enabled with 20GB of hot-spot service per month for 60 days, and free international calling for existing customers. Late fees and service disconnections are also waived for 60 days.

CSS resource update #12

April 7, 2020

Springfield Greene County Library: The public library is offering free wifi in the library parking lots, including the Library Express West. Here is more information about connecting to the public library wifi:

<https://thelibrary.org/services/wifi.cfm> .

Suddenlink: Offering 60 days of free Altice (Spectrum) Advantage broadband free to households with K-12 and/or college students who do not currently have home internet access. To enroll, call 1-888-633-0030 or visit

<https://www.alticeadvantageinternet.com/>

Verizon: No special offers, but they took the Keep Americans Connected Pledge and will waive late fees, service disconnections, and overage charges for 60 days.

Communication

APPS for virtual communication

- Facetime
- Whatsapp
- Skype – group chats
- Marco Polo – for sending videos or messaging
- Facebook Messenger
- House Party – to play games
- Google Hang Out Meet – for google users

Health

Do it yourself no sew mask -

<https://www.youtube.com/watch?v=1r2C1zGUHbU&feature=youtu.be&list=RDCMUCtQVy5IY7TjSBMo-IgigfnQ&fbclid=IwAR1JLbPQmJaTfiW1iV6kni6HJq26-TMem4Zf2OVVLuuW2v-sSDjsBViL9vY>

Be Well Community - <https://bewellcommunity.ca/>

Both hospitals are closing some of their urgent cares. Follow the links to see what facilities are open and you are able to make appointments online to prevent from setting in the waiting rooms.

Cox - https://www.gohealthuc.com/springfield/springfield/east-battlefield?utm_source=bing&utm_medium=cpc&utm_campaign=IP_PS_Mercy_Springfield_EBattlefield_NB_BB&utm_term=fast%20%2Burgent%20%2Bcare&utm_content=Urgent%20Care%20-%20BMM

CSS resource update #12

April 7, 2020

Mercy - https://www.gohealthuc.com/springfield/springfield/east-battlefield?utm_source=bing&utm_medium=cpc&utm_campaign=IP_PS_Mercy_Springfield_EBattlefield_Brand_BB&utm_term=mercy%20urgent%20care&utm_content=Mercy%20Urgent%20Care%20-%20Exact

Mercy Now Offers Video and Telephone Visits

As a leader in virtual care, Mercy is able to offer many safe alternatives to in-person office visits, for both adult and pediatric care. **Video visits allow you or your child to meet with your provider, securely and confidentially.** It's designed to get you the care you need without waiting for social distancing restrictions to be lifted. Our providers are also using telephone visits for patients who don't have video capability on their computer or phone, or for situations where a full video visit isn't required. Visit [MyMercy](#) for more information or to schedule your video or phone visit today.

Cox Offers Video Visits <https://www.coxhealth.com/services/virtualvisits/>

Virtual Visits offers online care for common conditions like strep throat, allergies and stomach flu. It's all made possible through a live, completely confidential video consultation service. It uses a secure online video connection (like Skype or FaceTime) so you can have a private visit with a qualified CoxHealth medical professional. If you have a computer, smartphone or other mobile devices, you can have an appointment. How easy is that? Online appointments are available for people ages two years and older. There are no unexpected costs and if you need a prescription, we'll call it into your pharmacy. Some Basic Care visits may require additional labs or exams that aren't available in all settings.

Jordan Valley – updates <https://www.jordanvalley.org/news-and-events>

*****If you are or someone you love is having a medical emergency please call 911 and/or go to the emergency room.**

Senior Age Emergency opt in program

<https://senioragemo.org/breaking/seniorage-alert-program-opt-in-form/>

OT made outside exercise video -

<https://www.facebook.com/rebekahjohnstone/videos/10221689818012397/>

CSS resource update #12

April 7, 2020

Mental Health

Burrell Behavioral Health- myStrength is a FREE online support tool, available 24/7, and filled with quality information and daily inspiration with a focus on improving overall well-being. Visit <https://www.burrellcenter.com/our-services/online-support/> for more and/or call 417-761-5000 for more information about mental health screenings. 24-Hour Crisis Line is available 417-761-5555

Join **Burrell Behavioral Health** on their Facebook page - Join daily from 12:45-1:15 to practice self-care and connection during the COVID-19 response. https://www.facebook.com/BurrellCenter/?__tn__=%2CdkCH-R&eid=ARBwi1R7qkukLEZqPQqgsqVSUdSq7abEsPKKJMmqNM4I5NyT_hIUaISAMRcCHZKSp-h7WYh8qA3cccOm&hc_ref=ARSRL-aMOK7C3lqroFTQqDUeS5h_Jn7pAnVzVdMwhWFyS_-_sHlXbppn8jrGVeJJ-oA&hc_location=group

Centers for Disease Control: CDC offers suggestions on coping directly with the stress of COVID-19 at <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html> and suggestions for caring for your emotional health at <https://emergency.cdc.gov/coping/selfcare.asp>

Temple Grandin Tips for Children with Autism Coping with the Quarantine
<https://parade.com.cdn.ampproject.org/c/s/parade.com/1019088/debrawallace/temple-grandin-tips-children-with-autism-coronavirus-quarantine/amp/?fbclid=IwAR3vW056yEkkq17DIFN7sNrtZ>

Burrell Crisis Line 800-494-7355 24 hours a day / 7 days a week

Crisis Text Line – Text HELLO to 741741 or message us a [facebook.com/crisistextline](https://www.facebook.com/crisistextline) to chat with a crisis counselor. 24 hours a day / 7 days a week

National Suicide hotline 800-784-2433 or 800-422-4673 24 hrs / 7 days a week

Spectrum 1-833-267-6094

Mental Health and COVID-19 - <https://afsp.org/campaigns/covid-19/?fbclid=IwAR0sUbyxWY7lpNFmPftE3omYoeg5AOQyt591J6W7uAjiLoGSJ3t1Czi7xq8>

CSS resource update #12

April 7, 2020

Employment/Unemployment

- Do I qualify for unemployment?
<https://labor.mo.gov/DES/Claims/calculator>
- **Missouri unemployment: Department of Labor:** If you lost your job due to COVID-19, you can apply for unemployment at <https://uinteract.labor.mo.gov/benefits/home.do> When applying, select COVID-19 as the reason for your job loss; job search requirements are waived. Call 800-320-2519 or 417-895-6851 if needed. (CPOzarks)
- If you are approved for unemployment, you still need to make your weekly request for payment. COVID related claims don't require work search, so enter 0 there. It is open now for the 3/22-3/28 week - always opens on Sunday. The sooner you file, the sooner it is processed.
- You can check the status of your weekly claim by logging into your uinteract account, going to Inquiry, Benefits, Claimant/Claim Inquiry and it will be near the bottom.
- **Missouri One Start:** Check out this compressive list of places currently hiring <https://missourionestart.com/nowhiring/>

Employment resource page <https://www.careeronestop.org/>

MO Career Center <https://www.springfieldmo.gov/1007/Workforce-Development>

Activities/Virtural Fun

Harry Potter at Home - Games, Coloring pages, vides

<https://www.wizardingworld.com/collections/harry-potter-at-home>

Parents resource

<https://echoautism.org/parent-resources-during-covid-19/>

Springfield Greene County Park Board updates – what parks and activities are currently available <http://www.parkboard.org/civicalerts.aspx?AID=234>

Nature Center – Indoor facilities closed but trails open also link for nature learning activities. <https://nature.mdc.mo.gov/discover-nature/teacher-portal/discover-nature-schools>

Missouri Department of Conservations (trails, lakes etc.)

<https://mdc.mo.gov/about-us/mdc-covid-19-response>

CSS resource update #12

April 7, 2020

Springfield Greene County Library - Library Don't forget -- you can use the Library's online resources 24/7 with your library card at thelibrary.org. You can also apply for a temporary library card at thelibrary.org/catalog. Stay healthy, everyone, and watch for updates on Facebook!

Missouri State has a website with a variety of links to various activities from streaming, art, to fitness <https://alumni.missouristate.edu/maroonation-hibernation.htm>

Ozarks Public Television launch educational show for kids stuck at home - <https://www.ozarksfirst.com/local-news/local-news-local-news/ozarks-public-television-launch-educational-show-for-kids-stuck-at-home/>

Free Lego Activities - <https://kidsactivitiesblog.com/137515/free-lego-activities-andprintables/?fbclid=IwAR3A5DBoTmSfQEb98iKHEsf6sDJcbfTsaX5FhMNAmu7dgBvThLFT4Av-T8>

The Library of Congress is collaborating with *Captain Underpants* author and illustrator **Dav Pilkey** to create weekly videos for kids (and adults!) who might want to try their hand at drawing while we're social distancing at home. Starting Wednesday April 1, the Library will release videos and other downloadable activities on its [website](#) and social media feeds. The content is free and accessible to the public. Activities include tips for creating your own characters or acting out scenes from *Dog Man*, which is part of the *Underpants* universe and focuses on a half-man, half-dog police officer. On Friday mornings at 8 AM, Pilkey will release new videos with drawing demonstrations, reading aloud, and more. Hopefully this means you'll hear Pilkey himself sing out Captain Underpants' catchphrase, "Tra la laaaa!" <https://loc.gov/engage>

Dickerson Park Zoo – Daily Facebook live post with animal interactions and education <https://www.facebook.com/DPZoo/>

Arc at Home <http://www.thearcoftheozarks.org/arc-at-home?fbclid=IwAR3QmzU207OToEs2N1kLgmJIARhaDb7NVjbNjXC3p2AtbgYcl67h0cZmgFs>

Free Photography classes online - https://www.theverge.com/2020/4/2/21204243/nikon-free-photography-classes-april?fbclid=IwAR3C7-2Wv2ERHZNOB_DPcWDtzL-bfYqUR5pJUSyw8DLG3uHgFhr4YqdAFd4

CSS resource update #12

April 7, 2020

Learn a new language - Now is the perfect time to start learning a new language! Mango Languages is an online language learning system that teaches real conversation skills for practical communication--and it's free with your Library card. Get started today by downloading the Mango Languages app or by going to thelibrary.org/mango.

List of authors and illustrators that are doing online story time -

<https://kidsactivitiesblog.com/136038/online-story-time/?fbclid=IwAR3KUNtq-8cNV4iqjsh-uSMdnDcotHH7xQhSiZBlxdQWbioP6Jp56eSkyk>

Celebs read to Children

<https://nerdist.com/article/celebrities-reading-childrens-books-charity-save-with-stories/?fbclid=IwAR0h3l-uqogQ8aedsbz4Co2b55XJZTmhpVQgfQbMWamS-IRcvuUFW9KHYYU>

List of Live Streams for Kids to watch -

https://www.goodhousekeeping.com/life/parenting/a32022219/livestreams-for-kids/?utm_campaign=socialflowFBGHK&utm_medium=social-media&utm_source=facebook&fbclid=IwAR2T7RYk3ukBkOulgfNn3exwA1egwK-16_kUtWUdZrubQGSTLleQIFyCsA

Activities for Seniors

<https://dailycaring.com/9-enjoyable-activities-for-seniors-with-limited-mobility/>

Hulu Frog - local weekend guide for kids <https://hulafrog.com/springfield-mo/the-weekend-guide-support-local-from-home-this-weekend-?fbclid=IwAR2bHTQZfR3p8VVI5RXkv3li5i8kPDU6SXctHCmR95A-uuJwOadGjU4COQc>

Make Sensory Bins: Start with the basics: Use some rocks, sand, water, ice, and small items like plastic toys. Fill a bin and play.

<https://littlebinsforlittlehands.com/dinosaur-sensory-bin-outdoors-moon-dough-more/>

How to make a virtual schedule -https://theinspiredtreehouse.com/how-to-make-a-visual-schedule/?fbclid=IwAR1z9kq0l4ZAtQAHxgOHC8rLraAPEh0xv7h6eKZBx_gfp3Gosc6a8SaE17s

50 fine motor activities for children under 3 -

<https://www.growinghandsonkids.com/50-fine-motor-activities-for-children->

CSS resource update #12

April 7, 2020

[under-3-years-old.html?ref=40&fbclid=IwAR0IF4HBXbpl0g7eRzGWaQ3Bj1BirkRP4-AVGWAgrRzRYcnae2le-yDi1UIY](https://www.broadwayworld.com/under-3-years-old.html?ref=40&fbclid=IwAR0IF4HBXbpl0g7eRzGWaQ3Bj1BirkRP4-AVGWAgrRzRYcnae2le-yDi1UIY)

Sing along with Hamilton April 10th - <https://www.broadwayworld.com/>

250 ways to keep sane during the quarantine -

<https://rochester.kidsoutandabout.com/content/250-creative-ways-keep-your-family-sane-during-covid-19-crisis>

Around the world. -

https://docs.google.com/document/d/1ZAxvFV2_uSk44q75y4odr8XjuZ7KWUDvkSptHi6TVfE/preview

Wonders of Wildlife daily animal update -

[https://www.facebook.com/wondersofwildlife/?_tn_ =kCH-R&eid=ARADqEDQT4y40MMvNax5ji95Bxr00a4OESYqxaUkB2oH-YSdsG9vU6k5KCKX8hTvVklyZpPcPINvLaxv&hc_ref=ARRS3OhtWCDnx9e_9cptQmEP01cl06T1VID3stiOGhZwpXU8JqLIISVftKA2I21Lbso&fref=nf&_xts__\[0\]=68.ARDCZQE7j1HGykOlpoQRwcribyX62hkNbDVUU3L4UiJq8wAd1hLEYHmJ4FcuJuWwx_6O7p_uBHCHSIIxz1lxGoF0-NnBcXRudlg4U7C8MyRTWxtmwbDNvYhBx2PBVWjwqMQ1_T0OPK3WITAI4hD-hYkDjUMOFENWbq_u17eQos8o8mty1wbH7KMcjOZJvKyy6ImbsRXTEAILZonNXbRozcCFHep_gQgqFfRHU42GT0ZwzECeZ4-9Y9IyaV8G72XPLdE9ABh9ngsJ8rqFco4mU5YHmcMo32HZ5Gr8qCeE-47_2Inf2b1jOcd7EQ0UrjY0j2VZC0uU5ZLcfZ83DNcDUgx3YhXb2FWA](https://www.facebook.com/wondersofwildlife/?_tn_ =kCH-R&eid=ARADqEDQT4y40MMvNax5ji95Bxr00a4OESYqxaUkB2oH-YSdsG9vU6k5KCKX8hTvVklyZpPcPINvLaxv&hc_ref=ARRS3OhtWCDnx9e_9cptQmEP01cl06T1VID3stiOGhZwpXU8JqLIISVftKA2I21Lbso&fref=nf&_xts__[0]=68.ARDCZQE7j1HGykOlpoQRwcribyX62hkNbDVUU3L4UiJq8wAd1hLEYHmJ4FcuJuWwx_6O7p_uBHCHSIIxz1lxGoF0-NnBcXRudlg4U7C8MyRTWxtmwbDNvYhBx2PBVWjwqMQ1_T0OPK3WITAI4hD-hYkDjUMOFENWbq_u17eQos8o8mty1wbH7KMcjOZJvKyy6ImbsRXTEAILZonNXbRozcCFHep_gQgqFfRHU42GT0ZwzECeZ4-9Y9IyaV8G72XPLdE9ABh9ngsJ8rqFco4mU5YHmcMo32HZ5Gr8qCeE-47_2Inf2b1jOcd7EQ0UrjY0j2VZC0uU5ZLcfZ83DNcDUgx3YhXb2FWA)

Swim with Sharks - [https://apsari.com/ripleys-aquarium-in-canada-is-offering-livecams-for-](https://apsari.com/ripleys-aquarium-in-canada-is-offering-livecams-for-sharks?fbclid=IwAR2ZGOW5PD_dGt8hbtyj3uCV0INbhOSEZGGDmWz5gMnLO2liQswl35AWPZY)

[sharks?fbclid=IwAR2ZGOW5PD_dGt8hbtyj3uCV0INbhOSEZGGDmWz5gMnLO2liQswl35AWPZY](https://apsari.com/ripleys-aquarium-in-canada-is-offering-livecams-for-sharks?fbclid=IwAR2ZGOW5PD_dGt8hbtyj3uCV0INbhOSEZGGDmWz5gMnLO2liQswl35AWPZY)

Turn phone into museum - [https://www.travelandleisure.com/culture-](https://www.travelandleisure.com/culture-design/the-google-arts-culture-app-will-turn-your-phone-and-home-into-an-interactive-museum?utm_source=facebook.com&utm_medium=social&utm_campaign=southernliving_southernliving&utm_content=link_internalcrosspromotion_travelandleisure&utm_term=20200401&fbclid=IwAR1q_dqGGVLLQYMr-EBIfq88NeCfXrRgvl_qWq9eD4SV1B7jAav7WRWPmOY)

[design/the-google-arts-culture-app-will-turn-your-phone-and-home-into-an-interactive-museum?utm_source=facebook.com&utm_medium=social&utm_campaign=southernliving_southernliving&utm_content=link_internalcrosspromotion_travelandleisure&utm_term=20200401&fbclid=IwAR1q_dqGGVLLQYMr-EBIfq88NeCfXrRgvl_qWq9eD4SV1B7jAav7WRWPmOY](https://www.travelandleisure.com/culture-design/the-google-arts-culture-app-will-turn-your-phone-and-home-into-an-interactive-museum?utm_source=facebook.com&utm_medium=social&utm_campaign=southernliving_southernliving&utm_content=link_internalcrosspromotion_travelandleisure&utm_term=20200401&fbclid=IwAR1q_dqGGVLLQYMr-EBIfq88NeCfXrRgvl_qWq9eD4SV1B7jAav7WRWPmOY)

The National Theatre is going to stream a free play every Thursday night

<https://www.timeout.com/london/news/the-national-theatre-is-going-to-stream-a-free-play-every-thursday-night->

CSS resource update #12

April 7, 2020

[032620?utm_medium=Social&utm_source=Facebook&cid=%7Elondon%7Enatso%7Efacebook%7Eechobox&fbclid=IwAR38COSjifYssJCFXuWuTMrgTT5Ds4TChx689u-WEvmJNXZPY7MFgETh2aA#Echobox=1585229560](https://www.facebook.com/ElondonEnatso?utm_medium=Social&utm_source=Facebook&cid=%7Elondon%7Enatso%7Efacebook%7Eechobox&fbclid=IwAR38COSjifYssJCFXuWuTMrgTT5Ds4TChx689u-WEvmJNXZPY7MFgETh2aA#Echobox=1585229560)

Wander the Neon Boneyard Museum of vintage signs in Vegas with this free app-[https://www.timeout.com/usa/news/wander-a-boneyard-of-vintage-neon-signs-with-this-free-app-](https://www.timeout.com/usa/news/wander-a-boneyard-of-vintage-neon-signs-with-this-free-app-033120?fbclid=IwAR1F7ZsXSnCUWcxXHA0yUIJ0cg0kbQivYUwXDc3rmxkdals_1tHqhL4kaAc)

[033120?fbclid=IwAR1F7ZsXSnCUWcxXHA0yUIJ0cg0kbQivYUwXDc3rmxkdals_1tHqhL4kaAc](https://www.timeout.com/usa/news/wander-a-boneyard-of-vintage-neon-signs-with-this-free-app-033120?fbclid=IwAR1F7ZsXSnCUWcxXHA0yUIJ0cg0kbQivYUwXDc3rmxkdals_1tHqhL4kaAc)

Andrew Lloyd Webber's Musical free online - <https://www.msn.com/en-gb/entertainment/music/andrew-lloyd-webber-will-stream-his-musicals-for-free-online-starting-with-joseph/ar-BB1247pd?ocid=sf>