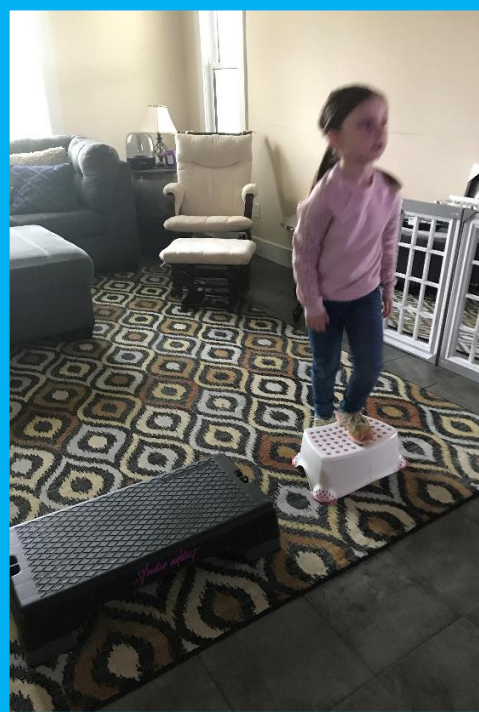


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## What is your Good Life? Working from home...

I normally was an 8-5 girl Monday through Friday. The first couple of weeks, I tried to stay in this, but with the kiddo home I found myself saying "please go away mama is working."

All previous schedules are out the window for me and I think that's important for Support Coordinator's to know that, so they know they are not alone.

Home schooling is now apart of my day and we do homework, crafts, music and exercise. Then free time.

Free time for the kiddo then means work time for mama.

We play outside in the afternoon. We have built a garden during this time.

We play kick ball, swing and many other outside activities.

We also bake and she exercises with me, one of the pictures is we are doing a step class together.

With work I'm still trying to find my groove and focus while trying to keep the kiddo healthy.

To keep myself healthy, I'm exercising, having faith and going outside to breathe!!