

7 Ways to Calm a Young Brain in Trauma -Edutopia

<https://www.edutopia.org/article/7-ways-calm-young-brain-trauma-lori-desautels>

7 Guiding Principles for Parents teaching at Home- Brain Based Learning

<https://www.edutopia.org/article/7-guiding-principles-parents-teaching-home>

Flexible Learning Space

Check in every morning... how is everyone's moods?

Find a rhythm that works for your family

Consolidate Learning

Encourage productive struggles

Consider your child's Passion and Play