



Elizabeth Obrey



Elizabeth's Children

Abilities First: What are some things you have found that are helpful with transitioning from: Early Childhood to Elementary?

Elizabeth: This transition is aided by helping them to understand what to expect, familiarizing them with their new environment, and most importantly introducing them to their teachers and helping a bond develop.

Abilities First: Elementary to Middle School?

Elizabeth: This age it was all about friends. Who are my friends and who will I sit with? The biggest help with this transition is to encourage and highlight different friendships in many aspects of their lives. So they don't hyper focus on the pressure that navigating the middle social scene brings.

Abilities First: Middle School to High School?

Elizabeth: Being involved in their class scheduling helps with this transition. There is a lot of pressure to schedule correctly and timely. Giving them a listening ear as they work out how the coming years will look as they try to balance academics, extracurricular, work and special interests.

Abilities First: High School to Adulthood?

Elizabeth: Access and knowledge of support for anxiety and depression for young adults is a wonderful gift to give your child. Training for budgeting and financial responsibilities as adults can give them the security and knowledge they might not realize they need until they have made some major decisions.

Abilities First: What are some of the best things that educators have done for your children throughout their school experiences?

Elizabeth: Chase had an amazing experience in his elementary school under the mentoring hand of Mrs. Jean Lawson. Together, along with classmates they developed the 'Rolling Café'. She awakened an entrepreneurial spirit, developed job skills and took hands on learning to a new level. When educators have made learning fun and excited my children to learn I can see it in the way they live their lives each day. From sneaking a book after bedtime, making a map out of a cake to developing new talents. Another thing that stands out is that year after year of having siblings our local educators saw each of my children as an individual and not the sibling of another student. Helping them each to feel important as their own person and that their trajectory was their own.

